

**OFFICE OF THE CHIEF DISTRICT MEDICAL &
PUBLIC HEALTH OFFICER NABARANGPUR**

LETTER NO. 5682 DATED 25.07.19

TENDER FOR

**SUPPLY OF DIET (COOKED&DRY) FOR INDOOR PATIENTS OF DISTRICT HEAD
QUARTER HOSPITAL,NABARANGPUR (FOR THE YEAR 2019-2020)**

Name of the Health Institution : DHH NABARANGPUR (HEALTH &
F.W.DEPTT.GOV.T.OF ODISHA) TEL: 05858-
222057

PRE BID CONFERENCE : Dt 31. 07. 2019 at 12 noon

LAST DATE& TIME OF RECEIPT OF BID DOCUMENTS : Dt 13. 08. 2019 at 5 P.M

DATE & TIME OF OPENING OF TENDER : Dt 14. 08. 2019 at 11 A.M.

PLACE OF PRE BID CONFERENCE & OPENING OF BID DOCUMENTS: CONFERENCE HALL OF DHH NABARANGPUR

ADDRESS FOR COMMUNICATION AND RECEIPT OF BID
DOCUMENTS

CHIEF DISTRICT MEDICAL&PUBLIC HEALTH OFFICER
AT/PO/DIST;-NABARANGPUR
PIN;-764059

SALE OF TENDER / BID DOCUMENT

The Bidders may download the Tender Documents directly from the WEBSITE available at www.nabarangpur.nic.in. The Tender cost fee of Rs.500/- (Non-refundable) and tender processing fee of Rs.500/- (Non-refundable) by way of separate Demand Draft drawn in favour of CDM&PHO DHH Nabarangpur should be enclosed along-with the Technical Bid. The Bidders should specifically super scribe, **DOWNLOADED FROM THE WEBSITE** on the top left corner of the outer envelope containing Technical Bid and Price Bid separately. The Tender cost fee, tender processing fee and the EMD amount should be submitted separately in separate Demand Drafts. In case of any bid amendment and clarification, the same will be notified in the website. It is the responsibility of the bidders to follow the same from the website .

- a) Cost of tender papers : Rs.500.00 (Rupees five hundreds) only
(Non-refundable)
- b) Tender Processing fee : Rs. 500.00(Rupees five hundreds) only
(Non-refundable)

The tender paper will be rejected if the bidder changes or omit any clause or Annexure of the bid document downloaded from the website.

TERMS AND CONDITIONS FOR ACCEPTANCE OF TENDER FOR SUPPLY OF DIET (COOKED & DRY)" FOR INDOOR PATIENTS OF DHH NABARANGPUR , ODISHA

Sealed tenders should reach in the office of the CDM&PHO NABARANGPUR, Odisha, **at 5 P.M on dt 13.08.2019**. Tender received beyond the aforesaid time & date will be returned to the sender unopened. All the tender papers must be submitted **by Regd. Post/ Speed Post** only.

- 1.1 The sealed tenders submitted by the Tenderer will be opened by the CDM&PHO NABARANGPUR , Odisha in his office **on dt 14.08.2019 at 11A.M**. The Tenderer or his duly authorized representatives are allowed to be present during opening of the tenders if they so like. If the tenderer or his authorized representative fails to be present at the time of opening of the tender that will not bar the authority from opening the tender or carrying on the subsequent tendering process.

- 1.2 Reputed Firms / Agencies having appropriate & proper valid registration are eligible to participate in the tender and quote for all the items.

Cover containing the tender documents should be super-scribed as **TENDER FOR SUPPLY OF DIET (COOKED & DRY) FOR INDOOR PATIENTS OF DHH NABARANGPUR ,**

, ODISHA FOR THE YEAR 2019-2020.

Sealed covers containing the tender document in the prescribed form should be submitted in two separate sealed covers i.e. Cover-A (Technical Bid) & Cover-B (Price bid) as indicated below. Both the covers should be put into a third cover, which should be super-scribed as **TENDER FOR SUPPLY OF DIET (COOKED & DRY) FOR INDOOR PATIENTS OF DHH NABARANGPUR DISHA**

Terms of Reference for Outsourced Agency

Draft Contract

The" terms of reference "to be prepared by specific public health institutions should have the following points, apart from other details based on the requirement of the specific public health institution.

1. Invitation to Bid:

The DHH Nabarangpur functioning under Department of Health and Family Welfare, Government of Odisha, invites tender from the eligible registered diet preparation and catering firm having valid GSTIN certificate, Labor license & Food license to prepare and distribute therapeutic and non-therapeutic diet(cooked & dry both) for DHH Nabarangpur . Women Self Help Groups [SHGs] can also apply. The bid is invited as per the decision of Department of Health and Family Welfare for outsource the diet preparation and its services to the patients on annual contract basis to the eligible firms.

2. Introduction:

- 2.1 This bid is open to agency/agencies and women Self Help Groups [SHGs] satisfying the criteria laid down in this bid document who have the required operational experience in dietary services and its management.
- 2.2 The health institution will select an agency, in accordance with the method of selection specified in this bid document
- 2.3 The work details have been mentioned in this bid document for the reference of the bidder and preparing the bid document accordingly.
- 2.4 Interested Bidders are invited to submit "Technical Bid" & "Financial Bid for providing services required for supply of diet (cooked & dry) related services as per the standard norm and procedure of the Government of Odisha for daily Diet Menu/ Chart consisting of therapeutic & non therapeutic value.

- 2.5 The hospital administration is not bound to accept any bid/s, and reserves the right to terminate the selection process at any time prior to the award of the contract, without showing any reason thereby. Keeping the greater interest of in-door patients in mind, the contract of the selected / awarded agency may also be terminated by the hospital administration if prescribed quality standards are not adhered to. However, hospital administration is not bound to show any reason for cancellation of the bidding process or termination of contract.
- 2.6 The bidder is expected to examine all instructions, forms, terms, specifications, and other information in the bid / tender document. Failure to furnish all information required for bidding or to submit the bid it will be rejected.
- 2.7 The bidder would bear all costs in connection with the preparation of the bid and its submission. The hospital administration would not bear any bid preparation cost and cost for submission of the bid.
- 2.8 In case of requirement, the hospital administration would provide required information, based on the request of the bidder, which is necessary for preparing the bid.
- 2.9 This bid / tender does not commit to award the contract or to engage any agency through negotiations. Further, no reimbursable cost may be incurred in anticipation of award and in such cases; hospital administration would not be responsible to bear such costs incurred by the bidder

3. Eligibility Criteria:

- 3.1 The bidder should have a registered / operating office in the district with staff strength not less than 4 members. The bidder / outsourced agency should have relevant experience in diet preparation, diet service and overall management of diet in hospital or similar Government and/or non-Government establishments.
- 3.2 The bidder should have a minimum of 3(three) years experience in diet preparation and its supply / services in public or private institutions.
- 3.3 If the agency has provided similar type of services in any public /private health institution/s, it would be the added advantage. The agency should provide required evidence in this regard.
- 3.4 The agency must be a registered body under appropriate law of the State or central Government and having the documentary evidence in this regard.
- 3.5 In case of Women SHGs, the hospital administration is free to take suitable decision and may consider relaxation in the overall eligibility criteria.
- 3.6 The bidder or the personnel employed by him should not have any criminal background.

3.7 The bidder have to produce an up to date food license certificate from the FOOD & SAFTY Officer,.

4. Number of Bids:

4.1 The bidder can apply only one bid in this tendering / bidding process.

4.2 In case if a single bidder submits multiple bids for one item, either singly or in collaboration, all bids, except one that is most suitable as per the decision of the tender committee.

5. Bid Validity:

The bid would remain valid for a period of 120 days from the date of submission.

6. Tenure of Contract:

The selected agency / bidder would be initially contracted for a period of **one year from the date of award of the contract**. Based on the performance and feedback from different stakeholders, the contract may be renewed for another one year.

7. Payment Schedule:

7.1 The agency would be paid once in a month based on the case load and number of meals supplied. The number of diets prepared during lunch would be considered as the benchmark for calculation of number of patients /days or any such norms that is suggested and agreed upon mutually by the hospital administration and the outsourced agency / bidder.

7.2 Hereby, it is mandatory for the health institution to pay the dues to the agency within the first seven working days of each month, based on the submitted bills / vouchers in the prescribed format. The hospital administration, Matron & hospital manager would verify the bills, vouchers and other supporting and do the needful for payment of the dues within seven working days of submission of bills / vouchers / supporting documents.

7.3 No claim shall be made against the first party in respect of interest **on EMD & SD**.

8. Tender Fee:

All Bidders are required to pay **Rs. 500 (Rupees Five Hundred only)** towards Tender Fees in the form of Demand Draft drawn in favour of the CDM&PHO NABARANGPUR. The Tender Fee is Non-Refundable and cannot be claimed by the tendering agency.

9. Tender Processing Fee:

All Bidders are required to pay **Rs. 500 (Rupees Five Hundred only)** towards Tender Processing Fees in the form of Demand Draft drawn in favour of the CDM&PHO NABARANGPUR. The Tender Processing Fee is Non-Refundable and cannot be claimed by the tendering agency.

10. Security deposit:

The agency, after selection, has to deposit **security money in shape of bank guarantee** amounting to 5% of the total reimbursable amount in a year within 15 days of signing the contract. It would remain valid initially till the end of the initial contract period and will be extended if the contract gets extension.

11. Last Date for Submission of Bid:

The bid would be submitted in an appropriate form in a sealed envelope on or before dated **13.08.2019 at 5.00 P.M.** The bids received after the due date and time would not be accepted and liable for rejection.

12. Bid Withdrawal:

After the submission of the bid, if so wished by the bidder, s/he may withdraw the bid with a payment of non-refundable amount of **Rs.500/-(Five Hundred only)** towards withdrawal processing fee. In case of single tender received the decision will be taken as per bylaw for tendering process.

13. Right to Accept or Reject the Bid:

The administration of the CDM&PHO Nabarangpur reserves the right to accept or reject any Bid and the bidding process and reject all such bids in part / full at any time prior to award of contract, without showing any reason there by.

14. Opening of Bids:

The bids would be opened on the specified date, time and venue in the presence of the persons nominated by the hospital administration and in presence of the bidders. The bidders would be requested to attend the bid opening and all present bidders shall put their signature on the bid as an evidencing of their attendance.

15. Bid Evaluation Criteria:

The bids would be evaluated on cost and quality basis i.e. the cost quoted by the bidder for supply of diet (cooked & dry) to be supplied to the patients in the hospital. The lowest quoted bidder adhering to the specified quality would be awarded the contract.

16. Disqualification:

The Tender Committee of the DHH NABARANGPUR seeking this bid, reserves under its sole discretion to disqualify any bid document if;

1. The bidder submit the bid after the last date of submission of bid;
2. The bid document does not have the proof of similar nature of work in public/private health institutions or any such establishments of Government or Private agency.
3. Registration certificate [photo copy] is not attached to the bid document.
4. The bidder is blacklisted by any Govt. agency [declaration in this regard is to be given by the bidder]
5. No attachment of bank draft towards processing fee of Rs.500/- and cost of the bid document amounting to Rs.500/-. Bid documents not signed on each page by the bidder.

17. Adequacy of Information:

Once the bidder submits the bid document signed on all pages it will be assumed that the bidder have carefully examined the bid document to his / her entire satisfaction. Once the agency is selected on the basis of its submitted bid, the agency would be responsible to fulfill his/her obligation as per the submitted bid.

18. Address for Submission of Bid:

The bid should be addressed to the following;

(O/o)

CDM&PHO NABARANGPUR

Dist- Nabarangpur PIN 764059

Phone: 06858-222057

19. Clarification on the Bid:

In case the bidder seeks further clarification, s/he may contact the following designated person for correspondence and providing clarification on the bid.

Name: JAGANNATH RATH

Phone: 9439988461

20. General Information to Bidder.

- 20.1 The successful bidder [also referred here as the agency or outsourced agency would operate in the campus of the DHH Nabarangpur and required basic infrastructure would be provided by the health institution to facilitate the smooth operation of the agency.
- 20.2 The agency would be abided by the cost and quality norms/standards as mentioned in the bid, diet guidelines and / or others communicated to them from time to time by the RKS DHH Nabarangpur .
- 20.3 The agency would recruit required number of staff for cooking and serving so that diet can be supplied to the in-door patients in time.
- 20.4 The agency would take up free health check-up of the cooking and serving staff from time to time, at least once in three months.
- 20.5 The maintenance of kitchen and equipments or rooms would be the responsibility of the agency and the agency should ensure that proper care is taken in this regard.
- 20.6 The agency would prepare and supply diet adhering to the quality norms specified by the health institution. The agency should also prepare different types of diet as per the indent placed by the health institution keeping in mind the diet requirement of different category of patients.
- 20.7 The agency would be responsible for procurement of different items required for preparing diet and storing it properly. The health institution would not be responsible for any loss of procured items.
- 20.8 Perishable items would be supplied / procured on daily basis and for that supplier / suppliers would be identified jointly by the designated person of the health institution and the outsourced agency.
- 20.9 The health institution would have the right to monitor the quality of items purchased and used in the diet preparation process.

- 20.10 The agency would manage kitchen waste in a scientific manner with due consultation with the concerned hospital administration.
- 20.11 At any point of time i.e. during procurement of raw materials, processing, preparation of diet, serving the diet to the patients and cleaning the utensils / instruments, the dietician and/or any person from the health institution can visit and interact with concerned person. The agency should not have any restriction to this; rather the agency would facilitate such process to improve the service quality.
- 20.12 The agency would prepare and update the accounts details and maintain other related documents that are required for reimbursement of the expenses on monthly basis. In case of incomplete documents, the hospital administration would not reimburse the incurred cost. The documents to be prepared should be supplied by the health institution before hand and maintained by the agency on daily basis. The financial and non-financial documents would be subject to audit.
- 20.13 The behavior of the serving staff of the agency towards the patients & hospital officials should be conducive and disciplinary action would be taken by the hospital administration, in consultation with the concerned agency, against the person/s violating the behavioral norm. The authority will ask the agency to withdraw any of his/her worker/s from the hospital, without assigning any reason.
- 20.14 The agency would be responsible to make alternative arrangements in cases of situations such as staff strike, local strike [Bandh/ Hartal] etc. ensuring that the patients get diet in the appropriate time.
- 20.15 The agency would be abided by different Government notification, circulars, written instructions etc. published from time to time with regard to the subject. In case of requirement, the hospital administration would provide required clarity to the agency on the related notification, circular etc.
- 20.16 For any grievance, the agency would approach to the designated person of the CDM&PHO NABARANGPUR and appraise them in written about the problem. It is the responsibility of the CDM&PHO NABARANGPUR to comply with the grievance and solve it within a maximum of one month time and decision should be communicated to the agency in the written form.
- 20.17 Any dispute arising in the process of managing the diet preparation and supply, both the party i.e. the outsourced agency and the hospital administration would discuss and take appropriate decision that is mutually agreeable.

- 20.18 The hospital administration reserves the right to cancel or renew the contract of the outsourced agency with prior notification of 30 days without assigning any reason thereof. The same condition is also applicable for the outsourced agency in case the agency wants to quit its service.
- 20.19 The outsourced agency would provide uniform embedded with its logo to all the staff recruited by the agency. The agency would ensure that the recruited staff attend their duty with clean uniform and keeping themselves neat and clean while on duty.
- 20.20 Photo identity card (duly signed by the agency) be provided by him/ her during the period of the work.
- 20.21 All men/manpower to be engaged by the agency should be covered under the statutory Government regulation framed from time to time relating Labour Law like work man compensation act, insurance etc, it will be the sole responsibility of the agency to take care of the safety measure for his/her employees. In case of any accident so occurs during process of cooking by fuel, CDM&PHO NABARANGPUR will not be a party to any kind of dispute & legal matter will be solved by the agency.
- 20.22 Suitable space to store the raw materials shall be provided by the DMO(MS) cum Superitendent DHH Nabarangpur .
- 20.23 Tenders should be typed neatly without any over writing. In case of any correction/over writing in the tender, the same should invariably be attested by full signature with date before submission.
- 20.24 The price quoted by the bidder shall not in any case exceed **Rs 85/-(rupees Eighty only)for General patient and Rs 95/- (Rupees Ninty Five only)for TB ,Cancer & Burn patient per day per patient& 75 for Liquid& Dry food** respectively.
- 20.25 The diet carrying trolleys, kitchen space with electricity & water shall be provided by the DMO(MS) cum Superitendent DHH Nabarangpur to facilitate cooking by using fuel not by using heater.
- 20.26 Sample diet Menu for that particular day should be sent to Matron / Spl. in H.A. / Supdt / Dy supdt / H.M. for that day for testing before distribution to the patients of this hospital. The tenderer should collect indent for supply of diet to the in patients from the dietician.
- 20.27 If the selected tenderer fails to supply the necessary requirements of diet to the patients in time the required items will be purchased from open market as per the prevailing rate for regular supply to the indoor patients & the differential cost in any of the items so purchased will be deducted from his/her diet bill.

20.28 The earnest money deposit shall be equal to Rs.30,000/- (**Thirty thousand**) only for supply of diet(Cooked & Dry) on the tender which will be paid in form of **Demand Draft** drawn in favour of **CDM&PHO NABARANGPUR** which will be sent with tender paper. EMD in other form i.e. Cheque / Cash etc. will not be accepted .

Financial Proposal Form:

SN	Diet Type	Cost of diet per patient per day approved by Govt. of Odisha	Break up of Menu Ingredient wise			
			Break fast	Lunch	Dinner	Total
1	Normal/full Diet	Rs 85/-				
2	Diabetic Diet	Rs 85/-				
3	Diet for Patients suffering from heart disease	Rs 85/-				
4	Diet for CRF / CKD	Rs 85/-				
5	Diet for tube feeding & clear fluid diet	Rs 85/-				
6	Diet for diarrhea, Semi Solid /soft Diet	Rs 85/-				
7	Cooked diet for TB Patient & with diabetes	Rs 95/-				
8	Cooked diet for Cancer Patient	Rs 95/-				
9.	Cooked diet for Burn patient	Rs 95/-				
10	Dry diet for General patient	Rs 85/-				
11	Diet for tube feeding for TB/cancer/burn patient	Rs 95/-				
12	Dry diet for T.B, Cancer & Burn Patient	Rs 75/-				
13	Paediatric diet	Rs 75/-				

Signature

[Name and designation of the person signing on behalf of the agency]

Date & Place

Name of the Bidder / Applicant

21.1 Diet Menu Chart (Annexure I)

21.2 ANNEXURE -II

TECHNICAL BID (COVER A) FOR SUPPLY OF DIET (COOKED & DRY) FOR INDOOR PATIENTS OF DHH Nabarangpur

22.1 Earnest Money Deposit.

22.2 Up- to Date photocopy of valid GSTIN certificate duly attested by a

Gazetted Officer /Notary public.

- 22.3** Photocopy of last Income Tax return certificate duly attested by a Gazetted officer /Notary Public.
- 22.4** The original Tender book with terms, conditions the schedules signed by the tenderer at the bottom of each page with his official seal duly affixed.
- 22.5** The declaration form in Annexure IV duly signed by the Tenderer before Notary Public/ Executive Magistrate.
- 22.6** Proof of similar job done previously in any Govt. organization / corporation etc.
- 22.7** Solvency Rs. 3,00,000/- (Three Lakhs)only for supply of diet (cooked & dry both)
- 22.8** Experience certificate which should not be less than **three years** in the similar field.
- 22.9** Checklist with detail of the documents enclosed in Cover-A (as per Annexure-V) with page no. The document should be serially arranged as per Annexure V and should be securely tied & bound.
- 22.10** Valid labour License with registration no & date.
- 22.11** Valid food license with experience in the line of preparation & distribution of therapeutic and non therapeutic diet(cooked & dry both) to the indoor patients with Performance report/ Quality assurance certificate from concerned health institution duly signed by the authority
- 22.13** Money receipt/Demand Draft towards purchase of bid.

N.B: Technical bid (cover-A) will be opened on-14.08.2019at 11 am in the Meeting hall of DHH Nabarangpur in presence of bidders or their authorized representatives. The bidders would be requested to attend the opening of bid and all bidders present, shall put their signature on the bid as an evidencing of their attendance. Absence of any bidder will not be a legal impediment at the time of opening of bid/ tender.

22.14 Format of Technical Bid for supply of diet (cooked & dry) for indoor patients of DHH Nabarangpur .

Name & Address of the Agency / SHG		
Sl. No.	Criteria	Particulars
1	Agency constitution Registered Company / Firm Women Self Help Groups (SHG) Others	

2.	Years of Experience	
3.	Staffs	
(i)	Skilled	
(ii)	Semi-skilled	
(iii)	Unskilled	
4.	No. of Assignments	
(i)	Finished	
(ii)	Current Assignments in hand	
5.	Amount of investment in equipment & Tools (modern technology)	

PRICE BID (COVER B)

N.B: COVER B (PRICE BID) WILL BE OPENED ONLY OF THE TENDERER WHO QUALIFYING TECHNICAL BID (COVER A) IN PRESENCE OF TENDERERS/THEIR AUTHORIZED REPRESENTATIVES.

- 23.1 The financial proposal form duly filled in for each category of diet as per Annexure- III (in duplicate) indicating the rates for various diets as per the daily diet menu/chart.
- 23.2 The price of each type of diet should be quoted inclusive of all taxes, if any. The rate should be quoted for each type of diet both in figure & words ingredient wise. The quoted rate of the bidder will be compared with the State approved rate of the ingredient. In case of difference in words & figure, words will be taken in to consideration for evaluation.

Annexure III
Financial Proposal Form:

SN	Diet Type	Cost of diet per patient per day approved by Govt. of Odisha	Break up of Menu Ingredient wise			
			Break fast	Lunch	Dinner	Total
1	Normal/full Diet	Rs 85/-				
2	Diabetic Diet	Rs 85/-				
3	Diet for Patients suffering from heart disease	Rs 85/-				
4	Diet for CRF / CKD	Rs 85/-				
5	Diet for tube feeding & clear fluid diet	Rs 85/-				
6	Diet for diarrhea, Semi Solid /soft Diet	Rs 85/-				
7	Cooked diet for TB Patient & with diabetes	Rs 95/-				
8	Cooked diet for Cancer Patient	Rs 95/-				
9.	Cooked diet for Burn patient	Rs 95/-				
10	Dry diet for General patient	Rs 85/-				
11	Diet for tube feeding for TB/cancer/burn patient	Rs 95/-				
12	Dry diet for T.B, Cancer & Burn Patient	Rs 75/-				
13	Paediatric diet	Rs 75/-				

Signature

[Name and designation of the person signing on behalf of the agency]

Date & Place

Name of the Bidder / Applicant

**FORMAT OF FINANCIAL BIDDING FOR PROVIDING COOKED DIET SERVICE
AT D.H.H. NABARANGPUR, DISTRICT -NABARANGPUR**

Break Fast [within Rs20/-	Lunch [within Rs.35/- &Rs.40/- for T.B.cancer Pat.] liquid diet /dry food Rs 30.00		Dinner [within Rs.30/- &Rs.35/- for T.B.cancerPat.] liquid diet /dry food Rs 25.00		Spices & Fuel	Total cost of one diet
	Quantity	Rate per Kg.	Quantity	Rate per Kg.		
Chuda Upma/ITLY/MILK /EGG/BANANA/fruits						
A- Rice diet Rice						
Egg						
Dalma						
Mix. Veg.curry						
B- Diabetes diet Roti						
Egg						
Dalma						
Mix.Veg.curry						
C- Barley food Barely[Robinson]						
Sweet Biscuit						
D- Milk bread Omfed Milk						
Bread						
Special diet for T.B.Patients						
Suji or Chuda Upma						
Rice						
Egg						
Dalma						
Mix.Veg.curry						

**FORMAT OF FINANCIAL BIDDING FOR PROVIDING COOKED DIET SERVICE
AT D.H.H. NABARANGPUR, DISTRICT -NABARANGPUR**

ITEM NAME	Name of the items(DEATIL)	Quantity IN GRAM	Rate per KG	Oil, Spices & Fuel	Total Cost
Suji upma or Chuda Upma	SUJI COOKED				
	VEGETABLE/CURRY				
	BANANA GREEN				
	MILK OMFED				
CHUDA UPMA WITH CURRY	CHUDA COOKED				
	VEGETABLE/CURRY				
	BANANA				
	MILK OMFED				
IDLY WITH MILK	IDLY 75GM				
	CHATNI				
	MILK OMFED				
	BANANA				
FRUITS	APPLE				
	BANANA				
	GRAPES				
MILK OMFED	MILK BOILED WITH SUGAR				
	MILK BOILED WITH OUT SUGAR				
BARLY(Robinson)	BARLY COOKED WITH SUGAR				
	BARLY COOKED WITH OUT SUGAR				
EGG	EGG BOILED				
FUEL	TIFFEN				
	MELAS DAY				
	MEALS NIGHT				
BREAD	BREAD				
ROTI	ROTI				
CHAPATI	CHAPATI				
RICE GOOD QUALITY	COOKED RICE				
MIXVEG CURRY	COOKED VEG CURRY				
DALMA	COOKED DALMA				
CHICKEN	CKICKEN COOKED				
MUTTON	MUTTON COOKED				
FISH	FISH COOKED				
EGG	EGG CURRY				
SWEET BISCUITE	BRAND				

SALT BISCUITE	BRAND				
SUGAR					
PANEER	COOKED PANEER				
VEGETABLE	GREEN VEGETABLE COOKED				
DAL	HARAD DAL COOKED				
	MOONG DAL COOKED				

ARTICLES OF AGREEMENT FOR SUPPLY OF DIET (COOKED & DRY) TO THE PATIENTS OF CAPITAL HOSPITAL, BHUBANESWAR .

Agreement between CDM&PHO NABARANGPUR and _____ (Name & Address of The Agency) for supply of Diet (cooked & dry) to indoor patients of RKS DHH Nabarangpur District- Nabarangpur

This agreement made on this day of _____ BETWEEN the CDM&PHO NABARANGPUR represented by its Member Secretary, RKS DHH Nabarangpur, District - NABARANGPUR . (here-in-after called the The Authority which expression shall unless excluded by or repugnant to the context, be deemed to include their successors in office) of the one part AND the Proprietor, _____ (Name & address of agency) here-in-after called The Agency which expression shall unless excluded by or repugnant to the context, be deemed to include his surviving or other persons entitled to share including his heirs, executors, administrators, representatives, Assignees or Successors in THE office) second party.

AND WHEREAS the Authority desirous of executing the work of diet preparation and distribution to the indoor patients of DHH Nabarangpur at their bedsides.

AND WHEREAS the agency has offered to execute the above work for the period of one year from _____ to _____ AND WHEREAS the Authority has accepted the offer for an

amount of **Rs.**_____ (**Rupees** _____) only per month which includes diet preparation from his/her own procured raw materials & catering to the bedside of the patients.

AND WHEREAS both the Parties agree that the above payment will be made on monthly basis i.e. on the first week of every month by crossed account payee cheque.

AND WHEREAS the Parties hereto are desirous and have found it necessary and expedient to record the terms and conditions in respect of the aforesaid work into an agreement.

NOW THESE PRESENTS WITNESS and it is hereby and in between the Parties hereto as follows:

The Agency shall continue the aforesaid work for a period of one year starting from _____ to _____ and continuation of the same will be based on satisfactory performance of assignment.

The Agency i.e. the 2nd Party is required to give 5% of the total reimbursable amount in a year to CDM&PHO Nabarangpur as performance security which will be refunded on satisfactory completion of the work after the contract period.

Price escalation in future, if any, will not be paid in case of rise in prices to the service provider except any statutory increase.

The Agency should prepare Diet with raw materials purchased by him/her for the patients Capital Hospital, Bhubaneswar as per the following terms & condition.

- All the workers engaged by the Agency in the Capital Hospital, Bhubaneswar shall have the uniform.
- All staffs of the Agency shall bear photo identity card during the period of work, which shall be duly signed by the Competent Authority _____ (Agency).
- All workmen/manpower to be engaged by the contractor should be covered under the statutory government regulation framed from time to time.
- CDM&PHO NABARANGPUR may request the Agency to withdraw any of his workers from the hospital without assigning any reason, within 24 hours prior intimation.
- The agency will abide by all the rules and regulations relating to labour laws, accident, workmen compensation act, workmen insurance etc. This will be the sole responsibility of the Agency. CDM&PHO NABARANGPUR will not be a party at any stage to any kind of dispute relating to the above. In case any liability arises due to non-performance by the Agency, under no circumstances CDM&PHO Nabarangpur will be liable for the same.

- Any damage/pilferage to DHH Nabarangpur property due to mishandling, carelessness of the Agency or his worker will be recovered from the Agency's bill and all materials issued to Agency shall be the sole responsibility of the Agency during the period of the contract.
- Agency should depute a qualified and dedicated staff to manage the work, who will co-ordinate in work execution activities and interact with the Hospital Matron/HM DHH Nabarangpur representatives, responsible for supervision of the work.
- The Diet preparation should be made in the hospital kitchen Section by making necessary arrangement under proper supervision of HM.
- All the employees will have to be covered under insurance against any personal accident and District Medical Officer(MS) will not be liable for payment of any compensation on that account.
- During execution of work, the Agency should follow all standard norm of safety measures/precautions to avoid accidents/damages to manpower, Kitchen tools and buildings etc. On non-adherence to this clause, suitable fines, as decided by the CDM&PHO NABARANGPUR will be imposed.
- The Agency should supply the diet (Cooked &dry) for breakfast, Lunch & Dinner to indoor patients of DHH NABARANGPUR, at the bedside of the patients in presence of staff nurse/in-charge of the concern ward as per the Diet Menu with required nutritive value in accordance with the specified rates mentioned in TOR.
- The Diet (Cooked &dry) for breakfast, Lunch & Dinner should be served to the indoor patients of the DHH NABARANGPUR at their bedsides in different wards in the schedule time i.e. breakfast between **8 a.m to 9 a.m**, Lunch between **1 p.m. to 2 p.m.** & Dinner between **8 p.m to 9 p.m.** by making arrangement in all respect. Any complain in this regards will not be reported from patients side.

The Authority shall have the right to inspect the said work during the cooking period and the right to issue such order and direction to the Agency as may be considered necessary in conformity with this agreement. The Agency shall ensure that such orders are complied with.

The Agency shall not entrust the work given as mentioned under this agreement by the Authority to any other Party or Parties in the contract period.

The biological waste so produced shall be disposed off inside the hospital as per order of the competent authority.

Any matter not covered by this agreement will be mutually settled by the Parties to this agreement. In case of disputes between the Parties the decision of the Collector, Nabarangpur will be final and binding or the disputes may be settled by a remittal Arbitrator chosen by the Parties.

In case of any dispute arising between the parties, cases have to be filed only within the jurisdiction of Nabarangpur .

From time to time the quality and other obligations will be monitored by a designated committee member .The report will be discussed in RKS EB/GB meeting regarding deficiency if any.

Unsatisfactory performance if any, detected a penalty of 5% of the payment will be deducted from the monthly payment. Repeated irregularity/ unsatisfactory performance shall entity in termination of agreement.

The second party ensure the following

- Bread:-** Sliced breads should be fresh and free from fungal infection.
- Roti:-** Good quality and fresh atta should be used to prepare the roti.
- Dal:-** Good quality arhar & mung dals are to be used and quantity should strictly follow as per the diet schedule.
- Vegetables:-** All vegetables should be fresh far from blemishes and best quality. Quality of all types of vegetables must be good and quantity should be strictly follow the diet schedule to maintain the prescribed nutritive value.
- For Gravy:-** Onion, Garlic, Ginger and Tomato will be used for gravy. No chili powder will be used in the curry. Any flavoring agent (branded one) may be used if required.
- Oil: -** Rich in Monounsaturated fatty acid and poly unsaturated fatty acid of reputed brand.
- Fish:-** Fish should be fresh and not less than 1.5 KG weight. Only Rohi and Bhakura should be given.
- Chicken:-** Chicken pieces should be free from head, neck, liver and gizzard.
- Biscuit:-** Britannia / parle -G

N.B:- All items shall have to be prepared after proper dressing cleaning and washing and cooking in hygienic manner.

IN WITNESS WHEREOF the Parties hereto have signed this agreement on the day _____ and year first above written.

Signature of Witness

Signature & seal of 1st Party

1.

2.

3.

Signature & seal of 2nd Party

N.B: After finalization of tender the selected tenderer has to produce the original copy of all the documents before the committee for approval of the tender otherwise, the tender will be cancelled.

Standard for Evaluation of Technical Bid for supply of Diet (Cooked & Dry):

Name & Address of the Agency / SHG				
(For Official use only)				
Sl. No.	Criteria	Maximum Marks	Marks Obtained	Remarks
1	Agency constitution Registered Firm 5 Marks SHG 3 Marks Others 2 Marks	10 Marks		
2.	Years of Experience	10 Marks		
3.	Staff capacity (i) Skilled Semi-skilled Staffs 1 mark for each skilled staff (ii) Unskilled Staff 0.5 mark for each unskilled staff.	60 Marks		
4.	No. of Assignments (i) Finished 1 Mark for every finished assignment (ii) Current Assignments in hand 1 Mark for every assignment in hand.	10 Marks		

5.	Amount of investment in equipment & Tools (modern technology) 1 mark for every Rs. 50,000/-	10 Marks		
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Note: Agency, securing at least 50% of Marks will be eligible to participate in financial bidding process or else the executive committee of RKS can relax the 50 % criteria depending upon the emerging situation.

EARNEST MONEY DEPOSIT:

- 24.1 The Earnest Money Deposit referred to at para 20.28 shall be of **Rs. 30,000/- (Rupees thirty thousand) only**. The Earnest Money Deposit must be paid in the shape of demand Draft in favour of CDM&PHO Nabarangpur from any Nationalized Bank payable at NABARANGPUR. EMDs in any other form other than Demand Draft will not be accepted.
- 24.2 The EMD of the unsuccessful bidders will be returned back soon after publication of the approved list without interest. The EMD of the successful tenderer will be returned back only after submission of the Bank Guarantee / Performance Security.
- 24.3 The EMD will be forfeited, if the tenderer withdraws the tender after publication of approved list or fails / refuses to execute the work order.

SECURITY DEPOSIT / PERFORMANCE SECURITY:

- 25.1 The Security Money (Bank Guarantee) will be returned back to the tenderer after the expiry of agreement period / in case of renewal agreed by both parties the bank guaranty needs to be revalidated for the renewal period.

AGREEMENT

- 26.1 The tenderer whose tender is accepted shall execute an agreement on non-judicial stamp paper worth of Rs. 20/- (stamp duty to be paid by the tenderer) with the CDM&PHO NABARANGPUR within 7 days from the date of receipt of work order failing which the Director has the right to cancel the work order. The specimen form of agreement will be supplied by the CDM&PHO NABARANGPUR.

TENDER CONDITIONS:

- 27.1 Tenders should be typewritten / computerized and every correction in the tender should invariably be attested by full signature of the tenderer with date before submission, failing which the tender will be ineligible for further consideration. Corrections done with correcting fluid should also be duly attested.

- 27.2 The rates should be quoted in Indian currency only both in words & figures against each item. However, the rates quoted in words shall prevail if there is difference between words and figure. The tenderer shall not quote his own rates for any item other than the item specified in this list. Price quoted in any other currency will be rejected.
- 27.3 The price quoted by the tenderer shall not in any case, exceed -, **Rs. 85/- Rs 75/& Rs. 95/-** , for general Patients, Paediatric/Dry diet & for TB, Cancer & Burn Patients respectively per day per patient.
- 27.4 The rates quoted and accepted will be binding on the tenderer for the stipulated period and on no account any increase in the price will be entertained till the completion of this agreement tender period.
- 27.5 No tenderer shall be allowed at any time on any ground whatsoever to claim revision of or modification in the rates quoted by him due to clerical or typographical error, committed by the tenderer in the tender forms shall not be considered after opening the tenders. Conditions such as "SUBJECT TO AVAILABILITY" will not be considered under any circumstance and the tenders those who have given such conditions shall be treated as incomplete and for that reason, shall be summarily rejected.
- 27.7 The terms and conditions and the quoted price of the tenders shall remain valid for a period of 12 months from the date of agreement or the extended period for another one year if any whichever is later.
- 27.8 If any information or documents furnished by the tenderer along with the tender papers are found to be misleading or incorrect at any stage, steps will be taken to blacklist the said agency for three years & legal actions will be taken against the agency as per law.
- 27.10 In the event of the date being declared as a holiday for Govt. of Orissa the due date of submission of bids and opening of bids will be the following working day at the scheduled time & place.

GOVERNING LANGUAGE:

- 28.1 The contract shall be written in English language. English language version of the contract shall govern its interpretation. All correspondence and other documents pertaining to the contract which are exchanged by the parties shall be written in English.

ACCEPTANCE OF TENDER:

29.1 The CDM&PHO Nabarangpur , Odisha reserves the right to reject the tenders or to accept the tenders for supply of diet (cooked & dry) without assigning any reason thereof.

29.2 The CDM&PHO NABARANGPUR, Odisha will be at liberty to terminate without assigning any reasons the contract.

PENALTIES:

30.1 If the successful tenderer fails to execute the agreement or deposit the required security amount within the specified time or withdraws his tender after acceptance of his tender owing to any other reasons/ he is unable to undertake the contract, his contract will be cancelled and the **Earnest Money Deposit** deposited by him with the tender will be forfeited and he will also be liable for all losses sustained by the CDM&PHO Nabarangpur , Odisha, by reasons of such breach, such as fail to execute the work delayed in execute the order & the liability to pay any difference between the prices accepted by him and those ultimately paid for the work done by other. Such damages shall be assessed by the Authority, whose decision is final & binding in the matter.

30.2 Non - performance of tender terms & conditions will disqualify a agency to participate in the tender for the next three years.

30.3 In the event of any dispute arising out of the tender, such disputes would be subject to the jurisdiction of the Civil Court, Nabarangpur .

30.4 Unsatisfactory of performance if any detected a penalty of 5 % proportionately payment shall be deducted from the monthly payment. Repeated irregularity unsatisfactory performance shall entail in termination of agreement.

Annexure IV

DECLARATION FORM

I / We having
my / our office at do
declare that I / We have carefully read all the terms & conditions of tender of the CDM&PHO
NABARANGPUR , Odisha for supply of diet (cooked & dry) for a period of one year from the date
of approval of rate contract. I will abide by all terms & conditions set forth in the tender paper for the
year **2019-2020**.

I promise to replace any damage or discoloration occurs to the kitchen/room & utensils etc.during the process of diet preparation & catering etc.

I/we promise to maintain the behavioral norm to the staff of the dietary department & office of the DISTRICT MEDICAL OFFICER (MS) DHH NABARANGPUR during process of supply of diet (cooked & dry).

I/we also promise either to replace any damage / misplace to the utensil /dietary articles or discoloration occurs to the Dietary department during the process of supply of cooked food & dry food.

Further declare that I/we have not been convicted any court of law and no criminal case is pending against me /us.

Signature of the Bidder :

Date :

Name & Address of the Firm :

Annexure V

CHECKLIST FOR SUPPLY OF DIET (COOKED & DRY) FOR THE INDOOR PATIENTS OF RKS DHH NABARANGPUR

SN	DOCUMENTS: SUBMITTED OR NOT	Page No.	Yes	No.
1	Earnest Money Deposit			
2	Valid food license certificate from the health officer municipal corporation			
3	Proof of similar job done previously in any Govt Hospital / organization etc .			
4	Last Income Tax Clearance Certificate duly attested by gazetted officer/notary public.			
5	Valid Labour license with registration no & date			
6	Up-to-date photocopy of valid GSTIN certificate duly attested by Gazetted officer / Notary Public			
7	Copy of Tender conditions and schedules, duly signed by Tenderer at the bottom of each page with his official seal duly affixed			

8	Declaration form (Annexure -IV) signed by the Tenderer			
9	Price Schedule (Annexure -III) in duplicate			
10	Technical Scheduled (Annexure -II) in duplicate			
11	Solvency Rs. 3,00,000 (Three lakhs) only			
12	Checklist with detailed of the document enclosed in cover A As per Annexure V with page no. The Document should be serially arranged as per Annexure V and should be securely tied and bound.			
13	Money receipt/ Demand draft of tender documents.			
14	Experience certificate in the line of preparation and distribution of diet (cooked & dry both) to the indoor patients with performance report/ quality assurance certificate from concerned health institution duly signed by the authority			

Annexure-1-(Diet menu chart)

OFFICE OF THE CDM&PHO NABARANGPUR

DIET MENU OF RKS DHH NABARANGPUR FOR THE YEAR 2019-2020

NORMAL DIET MENU FOR ADULT MALE/FEMALE@Rs 85.00/DAY/PATIENT

Days	Breakfast	Lunch	Dinner
Sunday	<p>Suji khir,fruit</p> <p>Suji-100gms,sugar-20gms,milk-250ml</p> <p>Apple/orange/banana-1</p>	<p>Cooked rice/roti, dalma & chicken potato curry</p> <p>Rice/atta-175gms,dal-40gms,potato-50gms,</p> <p>Mixed vegetable-50gms,chicken-50gms,potato-50gms & oil-15gms</p>	<p>Cooked rice /roti, dal, vegetable curry & veg fry /bharta</p> <p>Rice/atta-125gms,dal-40gms,potato-50gms,</p> <p>Mixed vegetable-50gms,veg/potato-50gms & oil-10gms</p>
Monday	<p>Uppma , matar curry & fruit</p> <p>Suji-50gms, semai-50gms carrot,mungdal,-matar-20gm,potato-50gms,oil-5gms</p> <p>Apple/orange/banana-1</p>	<p>Cooked rice/roti, dal & paneer potato curry & leafy veg fry /other veg fry</p> <p>Rice/atta-175gms,dal-40gms,paneer-50gms,potato-50gms,leafyveg/otherveg-100gms& oil-15gms</p>	<p>Cooked rice/roti,dalma & veg fry/bharta</p> <p>Rice/atta-150gms,dal-40gms,potato-50gms,</p> <p>Mixed vegetable-50gms,veg/potato-50gms & oil-10gms</p>
Tuesday	<p>Semai khir,fruit Semai-</p> <p>100gms,sugar-20gms ,milk-250ml</p> <p>Apple/orange/banana-1</p>	<p>Cooked rice/roti, dalma & egg potato curry</p> <p>Rice/atta-175gms,dal-40gms,potato-50gms,</p> <p>Mixed vegetable-50gms,egg-1,potato-50gms & oil-15gms</p>	<p>Cooked rice/roti, dal, vegetable curry & veg fry/bharta</p> <p>Rice/atta-125gms,dal-40gms,potato-50gms,</p> <p>Mixed vegetable-50gms,veg/potato-50gms & oil-10gms</p>
Wednesday	<p>Chuda santula, matar curry & Fruit</p> <p>Chuda-100gms, matar-20gms,potato-50gms,oil-5gms</p> <p>Apple/orange/banana-1</p>	<p>Cooked rice/roti, dalma & fish potato curry</p> <p>Rice/atta-200gms,dal-40gms,potato-50gms,</p> <p>Mixed vegetable-50gms,fish-50gms,potato-50gms & oil-15gms</p>	<p>Cooked rice /roti, dal, vegetable curry & veg fry/bharta</p> <p>Rice/atta-125gms,dal-40gms,potato-50gms,</p> <p>Mixed vegetable-50gms,veg/potato-50gms & oil-10gms</p>

Thursday	Suji khir,fruit Suji-100gms,sugar-20gms,milk-250ml Apple/orange/banana-1	Cooked rice/roti, dal & paneer potato curry & leafy veg fry /other veg fry Rice/atta-175gms,dal-40gms,paneer-50gms,potato-50gms,leafyveg/otherveg-50gms& oil-15gms	Cooked rice/roti, dalma &veg fry/bharta Rice/atta-150gms,dal-40gms,potato-50gms, Mixed vegetable-50gms,veg/potato-50gms &oil-10gms
Friday	Semai khir,fruit Semai-100gms,sugar-20gms ,milk-250ml Apple/orange/banana-1	Cooked rice/roti, dalma & chicken potato curry Rice/atta-175gms,dal-40gms,potato-50gms, Mixed vegetable-50gms,chicken-50gms,patato-50gms &oil-15gms	Cooked rice/roti, dal, vegetable curry & veg fry/bharta Rice/atta-125gms,dal-40gms,potato-50gms, Mixed vegetable-50gms,veg/potato-50gms &oil-10gms
Saturday	Uppma , matar curry &fruit Suji-50gms, semai-50gms carrot,mungdal,-matar-20gm,potato-50gms,oil-5gms Apple/orange/banana-1	Cooked rice/roti, dalma & egg potato curry Rice/atta-175gms,dal-40gms,potato-50gms, Mixed vegetable-50gms,egg-1,patato-50gms &oil-15gms	Cooked rice/roti, dal, vegetable curry &veg fry/bharta Rice/atta-125gms,dal-40gms,potato-50gms, Mixed vegetable-50gms,veg/potato-50gms &oil-10gms

N.B -Rice-parboiled , Atta-whole wheat (ashirbad /rista) & Oil-mustard/refined should be used in cooking.

N.B--- For vegetarian ,soyabean /paneer /chole curry will be given , instead of egg/fish/chicken curry.

OFFICE OF THE CDM&PHO NABARANGPUR

DIET MENU OF RKS DHH NABARANGPUR FOR THE YEAR 2019-2020

DIABETIC DIET MENU FOR ADULT MALE/FEMALE@Rs 85.00/DAY/PATIENT

Day	Breakfast	Lunch	Dinner
Sunday	Roti, chole curry & fruit Atta-80gms,chole-20gms,oil-4gms Apple/guava-1	Roti,dalma&veg fry/leafy veg fry&cucumber Atta-120gms,dal-30gms mixedvegetables-100gms ,other veg/leafy veg-50gms Oil-8gms,cucumber-1	Roti,dalma , &milk(DTM) Atta-120gms,dal-30gms Vegetables-100gms Oil-5gms& milk-250ml
Monday	Roti,soyabean curry & fruit Atta-80gms soyabean-20gms & oil-4gms Apple/guava-1	Roti, dalma ,leafy veg fry/otherveg bharta&cucumber Atta-120gms,dal-30gms,mixed vegetables-100gms ,leafy veg/other veg-50gms Oil-8gms, cucumber-1	Roti,dalma & milk(DTM) Atta-120gms,dal-30gms Vegetables-100gms Oil-5gms& milk-250ml
Tuesday	Roti, santula &fruit Atta-80gms,vegetables-100gms,oil-4gms Apple/guava-1	Roti,dalma& leafy veg fry/otherveg fry&cucumber Atta-120gms,dal-30gms mixedvegetables-100gms, leafy veg/other veg-50gms Oil-8gms ,cucumber-1	Roti,dalma&milk(DTM) Atta-120gms,dal-30gms Vegetables-100gms Oil-5gms& milk-250ml
Wednesday	Mandia atta chakuli, matar curry & fruit Mandia-40gms,atta-40gms, matar-20gms,oil-5gms Apple-1	Roti,dalma, leafy veg fry/otherveg bharta&cucumber Atta-120gms,dal-30gms mixedvegetables-100gms Leafy veg/Vegetables-50gms, Oil-8gms& cucumber-1	Roti,dalma& milk (DTM) Atta-120gms,dal-30gms Vegetables-100gms Oil-5gms& milk-250ml
Thursday	Roti ,matar curry&fruit Atta-80gms,matar-20gms,oil-5gms Apple/guava-1	Roti,dalma ,leafy veg/otherveg fry&cucumber Atta-120gms,dal-30gms mixedvegetables-100gms ,leafy veg/other veg-50gms Oil-8gms & cucumber-1	Roti,dalma& milk(DTM) Atta-120gms,dal-30gms Vegetables-100gms Oil-5gms& milk-250ml
Friday	Roti,dalma & fruit Atta-80gms,dal-20gms,vegetables- 50gms,oil-4gms Apple/guava-1	Roti,dalma& leafy veg fry otherveg bharta&cucumber Atta-120gms,dal-30gms mixedvegetables-100gms G leafy vegetable/otherVegetables -50gms Oil-8gms& cucumber-1	Roti,dalma& milk(DTM) Atta-120gms,dal-30gms Vegetables-100gms Oil-5gms& milk-250ml
Saturday	Roti, matar curry&fruit Atta-80gms,matar-20gms,oil-4gms Apple/guava-1	Roti,dalma& leafy veg/otherveg fry&cucumber , Atta-120gms,dal-30gms Green leafy vegetable/other vegetables-100gms, Oil-8gms cucumber-1	Roti,dalma& milk(DTM) Atta-120gms,dal-30gms Vegetables-100gms Oil-5gms& milk-250ml

Atta-whole wheat (rista/ashirbad) ,oil-refined/mustard should be used in cooking

OFFICE OF THE CDM&PHO NABARANGPUR

DIET MENU OF RKS DHH NABARANGPUR

DIET FOR CHRONIC RENAL FAILURE/CHRONIC KIDNEY DISEASE @Rs 95.00/DAY/PATIENT

Day	Breakfast	Lunch	Dinner
Monday	Chudakhir Chuda- 50gms,milk- 100ml,sugar-30gms	Cooked rice,dal water,boiled vegetables&lemon Rice- 150gms,dal-15gms,mixed vegetables-250gms,lemon-1	Cooked rice/roti,dal water,boiled vegetable,rice khir Rice/atta- 150gms,dal-15gms,mixed vegetables-150gms,rice (raw)- 10gms,milk-200ml&sugar-30gms
Tuesday	Semai khir Semai-50gms,milk- 100ml,sugar-30gms	Cooked rice,dal water,boiled vegetables&lemon Rice- 150gms,dal-15gms,mixed vegetables-250gms,lemon-1	Cooked rice/roti,dal water,boiled vegetable,rice khir Rice/atta- 150gms,dal-15gms,mixed vegetables-150gms,rice (raw)- 10gms,milk-200ml&sugar-30gms
Wednesday	Sago khir Sago- 50gms,milk- 100ml,sugar-30gms	Cooked rice,dal water,boiled vegetables&lemon Rice- 150gms,dal-15gms,mixed vegetables-250gms,lemon-1	Cooked rice/roti,dal water,boiled vegetable,rice khir Rice/atta- 150gms,dal-15gms,mixed vegetables-150gms,rice (raw)- 10gms,milk-200ml&sugar-30gms
Thursday	Suji khir Suji- 50gms,milk- 100ml,sugar-30gms	Cooked rice,dal water,boiled vegetables&lemon Rice- 150gms,dal-15gms,mixed vegetables-250gms,lemon-1	Cooked rice/roti,dal water,boiled vegetable,rice khir Rice/atta- 150gms,dal-15gms,mixed vegetables-150gms,rice (raw)- 10gms,milk-200ml&sugar-30gms
Friday	Semai khir Semai-50gms,milk- 100ml,sugar-30gms	Cooked rice,dal water,boiled vegetables&lemon Rice- 150gms,dal-15gms,mixed vegetables-250gms,lemon-1	Cooked rice/roti,dal water,boiled vegetable,rice khir Rice/atta- 150gms,dal-15gms,mixed vegetables-150gms,rice (raw)- 10gms,milk-200ml&sugar-30gms
Saturday	Chudakhir Chuda- 50gms,milk- 100ml,sugar-30gms	Cooked rice,dal water,boiled vegetables&lemon Rice- 150gms,dal-15gms,mixed vegetables-250gms,lemon-1	Cooked rice/roti,dal water,boiled vegetable,rice khir Rice/atta- 150gms,dal-15gms,mixed vegetables-150gms,rice (raw)- 10gms,milk-200ml&sugar-30gms
Sunday	Suji khir Suji- 50gms,milk- 100ml,sugar-30gms	Cooked rice,dal water,boiled vegetables&lemon Rice- 150gms,dal-15gms,mixed vegetables-250gms,lemon-1	Cooked rice/roti,dal water,boiled vegetable,rice khir Rice/atta- 150gms,dal-15gms,mixed vegetables-150gms,rice (raw)- 10gms,milk-200ml&sugar-30gms

N.B --salt will not be added in any preparation.

OFFICE OF THE CDM&PHO NABARANGPUR

DIET MENU OF RKS DHH NABARANGPUR FOR THE YEAR 2019-2020

DIET FOR CARDIOVASCULAR DISEASE @Rs 85.00/DAY/PATIENT

DAYS	Breakfast	Lunch	Dinner
Monday	Oats khir, Fruit Milk(DTM)-250ml, Oats(quaker)-10gms Orange/apple-1	Cooked rice/roti, dal,soyabean curry&boiled vegetables Rice/atta- 120gms,dal- 20gms,soyabean- 20gms, mixed vegetables- 100gms&refined oil-3gms	Roti,dal,boiled vegetables&tomato soup Atta-80gms,dal-20gms, mixed vegetables- 150gms,tomato- 100gms&oil-2gms
Tuesday	Dalia, fruit Milk(DTM)-250ml, (dalia)-10gms Orange/apple-1	Cooked rice/roti, dal,soyabean curry&boiled vegetables Rice/atta- 120gms,dal- 20gms,soyabean- 20gms, mixed vegetables- 100gms&refined oil-5gms	Roti,dalma &tomato soup Atta-80gms,dal- 20gms Mixed vegetable- 150gms Tomato- 100gms,oil-5gms
Wednesday	Roti,milk,fruit Atta-80gms Milk(DTM)-250ml Orange/apple-1	Cooked rice/roti, dal,fish fry & veg bharta Rice/atta-120gms,dal- 20gms,fish- 50gms, vegetables- 100gms & refined oil-5gms	Roti,dal,mixed boiled vegetable&tomato soup Atta-80gms,dal-20gms Mixed vegetable-150gms Tomato-100gms,oil-5gms
Thursday	Dalia, fruit Milk(DTM)-250ml, dalia-10gms Orange/apple-1	Cooked rice/roti, dal,soyabean curry&boiled vegetables Rice/atta- 120gms,dal- 20gms,soyabean- 20gms, mixed vegetables- 100gms&refined oil-5gms	Roti,dalma &tomato soup Atta-80gms,dal- 20gms Mixed vegetable- 150gms Tomato- 100gms,oil-5gms
Friday	Oats khir , Fruit Milk(DTM)-250ml, Oats(quaker)-10gms Orange/apple-1	Cooked rice/roti, dal,fish fry& veg bharta Rice/atta-120gms,dal- 20gms,fish- 50gms, vegetables- 100gms & refined oil-5gms	Roti,dal,mixed boiled vegetable&tomato soup Atta-80gms,dal-20gms Mixed vegetable-150gms Tomato-100gms,oil-5gms
Saturday	Mandia khir,fruit Mandia powder- 20gms Milk(DTM)-250ml Orange/apple-1	Cooked rice/roti, dal,soyabean curry&boiled vegetables Rice/atta- 120gms,dal- 20gms,soyabean- 20gms, mixed vegetables- 100gms&refined oil-5gms	Roti,dalma &tomato soup Atta-80gms,dal- 20gms Mixed vegetable- 150gms Tomato- 100gms,oil-5gms
Sunday	Dalia, fruit Milk(DTM)-250ml, dalia-10gms Orange/apple-1	Cooked rice/roti, dal,fish fry& veg bharta Rice/atta-120gms,dal- 20gms,fish- 50gms, vegetables- 100gms & refined oil-5gms	Roti,dal,mixed boiled vegetable&tomato soup Atta-80gms,dal-20gms Mixed vegetable-150gms Tomato-100gms,oil-5gms

OFFICE OF THE CDM&PHO NABARANGPUR

DIET MENU OF RKS DHH NABARANGPUR FOR THE YEAR 2019-2020

DIET FOR TUBE FEEDING (Normal diet) @Rs 75.00/DAY/PATIENT

TIME	ITEM	INGREDIENTS
7AM	Plain custard-200ml	Custard power-(as required),milk-200ml,sugar-10gms
10AM	Mandia khir	Milk-200ml,mandia-10gms,sugar-20gms
1PM	Rice,dal gruel-200ml	Rice-15gms, mungdal-10gms,refined oil-5gms
4PM	Apple shake-200ml	Milk-200ml,apple-1,sugar-20gms
7PM	Vegetable soup-200ml	Mixed vegetable-100gms,refined oil-5gms,butter-5gms
10PM	Rice khir-200ml	Milk-200ml,sugar-20gms,refined oil-5gms, rice-10gms

DIET FOR TUBE FEEDING(diabetic diet)@Rs 75.00/DAY/PATIENT

TIME	ITEM	INGREDIENTS
7AM	Roti milk-200ml	Roti-one,milk(DTM)-200ml
10AM	Mandia khir	Milk(DTM)-200ml,mandia-10gms
1PM	Roti,dal gruel-200ml	Atta-45gms, mungdal-10gms,refined oil-5gms
4PM	Apple shake-200ml	Milk(DTM)-200ml,apple-1
7PM	Vegetable soup-200ml	Mixed vegetable-100gms,refined oil-5gms,butter-5gms
10PM	Roti milk-200ml	Milk(DTM)-200ml,roti-one

DIET FOR TUBE FEEDING(high calorie &high protein)@Rs 75.00/DAY/PATIENT

TIME	ITEM	INGREDIENTS
7AM	Egg white& milk-200ml	Egg-two,milk(DTM)-200ml,sugar-20gms
10AM	Whey water-200ml	Milk(DTM)-600ml
1PM	Rice,dal gruel-200ml	Rice-15gms, mungdal-10gms,refined oil-5gms
4PM	Mung dal milk-200ml	Mungdal-20mg,milk(DTM)-200ml,sugar-20gms
7PM	Soyabean milk-200ml	Milk(DTM)-200ml,soya powder-20gms,sugar-20gms
10PM	Roti milk-200ml	Milk(DTM)-200ml,roti-one,sugar-20gms

BLENDERIZED TUBE FEEDING (TOTAL AMOUNT 1500ML)

INGREDIENTS AMOUNT

Rice	75
Green gram dal	40
Bread	20
Milk-----	200ml
Sk milk power-----	60
Spinach-----	50
Pumpkin-----	50
Carrot-----	50

Banana-----70gms

Sugar-----60gms

Refined oil-----20gms

Butter-----07gms

(Water is added to make it 1500ml)

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DIET MENU OF RKS DHH NABARANGPUR FOR THE YEAR 2019-2020

CLEAR FLUID DIET@Rs 75.00/day/patient

8AM	Whey water-150ml
10AM	Tender coconut water-150ml
01 PM	Dal water-150ml
04PM	Fruit juice-150ml
07PM	Boiled vegetable water-150ml
10PM	Whey water-150ml

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DIET MENU OF RKS DHH NABARANGPUR FOR THE YEAR 2019-20

DIET FOR DIARRHEA (AFTER RECOVERY) @Rs 85.00/DAY/PATIENT

DAY	BREAKFAST	LUNCH	DINNER
Monday	Sago khir , fruit Sago-50gms,Milk-250ml,Sugar-20gms& banana-1	Khichidi, alu bharta Rice-80gms, mung dal-20gms, sugar-10gms,potato-100gms	Cooked rice,dal,boiled vegetable(Tender) Rice-70gms, mung dal-20gms,vegetable-100gms potato-50gms
Tuesday	Chuda khir, fruit Chuda-50gms,milk-250mlSugar20gms, banana-1	Khichidi, alu bharta Rice-80gms, mung dal-20gms, sugar-10gms ,potato-100gms	Roti,boiled veg,custard, Atta-70gms,vegetables-100gms,custard powder-20gms,milk-250ml&sugar-25gms
Wednesday	custard ,fruit custard-50gms,milk-250ml,sugar-20gms& banana-1	Khichidi, alu bharta Rice-80gms, mung dal-20gms, sugar-10gms, potato-100gms	Rice khir, mashed dal Rice70gms,milk250ml,sugar-20gms,refined oil-5gms Dal(mung)-25gms
Thursday	Sago khir,fruit Sago-50gm,milk-250ml,sugar-20gms banana-1	Khichidi , alu bharta Rice-80gms, mung dal-20gms, sugar-10gms ,potato-100gms	Cooked rice,dal,boiled vegetable Rice-70gms, mung dal-20gms,potato-50gms vegetable-100gms
Friday	Chuda khir, fruit Chuda-50gms,milk-250ml, Sugar-20gms, banana-1	Khichidi , alu bharta Rice-80gms, mung dal-20gms, sugar-10gms ,potato-100gms	Roti,boiled veg,custard, Atta-70gms,vegetables-100gms,custard powder-20gms,milk-250ml&sugar-25gms
Saturday	custard ,fruit custard powder-20gms,milk-250ml,sugar-20gms& banana-1	Khichidi, alu bharta Rice-80gms, mung dal-20gms,potato-100gms	Cooked rice,dal,boiled vegetable Rice-70gms, mung dal-20gms,potato-50gms vegetable-100gms
Sunday	Rice khir , fruit Rice powder-50gms,Milk-250ml,Sugar-20gms& banana-1	Khichidi, alu bharta Rice-80gms, mung dal-20gms, sugar-10gms ,potato-100gms	Roti,boiled veg,custard, Atta-70gms,vegetables-100gms,custard powder-20gms,milk-250ml&sugar-25gms

N.B---milk(DTM),vegetable(tender)will be given.

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DIET MENU OF RKS DHH NABARANGPUR FOR THE YEAR 2019-2020.

SEMISOLID DIET/SOFT DIET @Rs 85.00/DAY/PATIENT

DAY	BREAKFAST	LUNCH	DINNER
Monday	Suji khir , fruit Suji-50gms,Milk-250ml,Sugar-25gms&banana-1	Khichidi, alu bharta Rice-50gms, mung dal-20gms,potato-100gms	Khichdi/roti, bharta/boiled vegetable Rice-50gms, mung dal-20gms,potato-100gms &vegetable-100gms
Tuesday	Cornflakes, fruit Cornflakes-50gms,milk-250ml, Sugar-25gms,banana-1	Cookedrice/Khichidi, Dalma, soft boiled egg Rice-50gms, mung dal-20gms vegetables-100gms&egg-1	Roti,boiled veg,custard, Atta-80gms,vegetables-100gms,custard powder-20gms,milk-300ml&sugar-25gms
Wednesday	Semai khir ,fruit Semai-50gms,milk-250ml,sugar-20gms& Banana-1	Cooked rice , mashed dal, boiled vegetables(tender) Rice-100gms,dal(mung)-25gms Vegetables-100gms	Rice khir, mashed dal with veg Roti 2 Rice-50gms,milk-300ml,sugar-20gms,refined oil-5gms Dal(mung)-25gms,vegetables-100gms,atta-80gms
Thursday	Dalia,fruit Dalia-50gm,milk-250ml,sugar-20gms Banana-1	Khichidi , alu bharta Rice-50gms, mung dal-20gms,potato-100gms	Khichdi/roti, bharta/boiled veg Rice-50gms, mung dal-20gms,potato-100gms &vegetable-100gms
Friday	Cornflakes, fruit Cornflakes-50gms,milk-250ml, Sugar-25gms,banana-1	Cookedrice/Khichidi, Dalma, soft boiled egg Rice-50gms, mung dal-20gms vegetables-100gms&egg-1	Roti,boiled veg,custard, Atta-80gms,vegetables-100gms,custard powder-20gms,milk-300ml&sugar-25gms
Saturday	Semai khir ,fruit Semai-50gms,milk-250ml,sugar-20gms& Banana-1	Khichidi, alu bharta Rice-50gms, mung dal-20gms,potato-100gms	Khichdi/roti, bharta/boiled vegetable Rice-50gms, mung dal-20gms,potato-100gms &vegetable-100gms
Sunday	Suji khir , fruit Suji-50gms,Milk-250ml,Sugar-25gms&banana-1	Cookedrice/Khichidi, Dalma, soft boiled egg Rice-50gms, mung dal-20gms vegetables-100gms&egg-1	Roti,boiled veg,custard, Atta-80gms,vegetables-100gms,custard powder-20gms,milk-300ml&sugar-25gms

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DIET MENU OF RKS DHH NABARANGPUR FOR THE YEAR 2019-2020

DIET FOR TUBE FEEDING (TB/CANCER/BURN) @Rs 95.00/DAY/PATIENT

TIME	ITEM	INGREDIENTS
7AM	Egg white& milk-200ml	Egg-two,milk(DTM)-200ml,sugar-20gms
10AM	Whey water-200ml	Milk(DTM)-600ml
1PM	Rice,dal gruel-200ml	Rice-15gms, mungdal-10gms,refined oil-5gms
4PM	Mung dal egg white,milk-200ml	Mungdal-20mg,milk(DTM)-200ml,sugar-20gms,egg white of one egg.
7PM	Soyabean milk-200ml	Milk(DTM)-200ml,soya powder-20gms,sugar-20gms
10PM	Roti milk egg white-200ml	Milk(DTM)-200ml,roti-one,sugar-20gms,eggwhiteof one Egg

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DRY DIET MENU FOR GENERAL PATIENT @Rs 75.00/DAY/PATIENT FOR THE YEAR 2019-20

MILK BREAD BISCUIT BANANA EGG DIET/MILK BREAD BISCUIT BANANA DIET

MILK BREAD BISCUIT BANANA EGG DIET	MILK BREAD BISCUIT BANANA DIET
MILK(500 ml pkt)----- -ONE	MILK(500 ml pkt)----- ONE
BREAD(200gms)----- ONE	BREAD(200gms)----- ONE
BISCUIT(100gms)----- ONE (Britannia thin arrowroot)	BISCUIT(100gms)----- ONE (Britannia thin arrowroot)
BANANA(medium size)--- ONE	BANANA(medium size)--- ONE
BOILED EGG(hen)-----ONE	BISCUIT/ pkt @Rs 5/----- ONE

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DRY DIET MENU FOR GENERAL PATIENT@Rs 75.00/DAY/PATIENT FOR THE YEAR 2019-20

MILK DIET

MILK-(500mlpkt)-----THREE

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DIET MENU OF RKS DHH NABARANGPUR FOR THE YEAR 2019-2020

COOKED DIET MENU FOR TB/CANCER/BURN PATIENT@Rs 95.00/DAY/PATIENT

Days	Breakfast	Lunch	Dinner
Sunday	<p>Suji khir,fruit</p> <p>Suji-100gms,sugar-20gms,milk-250ml</p> <p>Orange-1</p>	<p>Cooked rice/roti, dalma & chicken curry</p> <p>Rice/atta-175gms,dal-40gms,potato-50gms,</p> <p>Mixed vegetable-50gms,chicken-50gms,patato-50gms ,oil-15gms&lemon-1</p>	<p>Cooked rice/roti,dal,vegetablecurry, vegfry/bharta&boiled egg</p> <p>Rice/atta-125gms,dal-40gms,potato-50gms,</p> <p>Mixed vegetable-50gms,veg/potato-50gms</p> <p>&oil-10gms</p>
Monday	<p>Uppma , matar curry & fruit</p> <p>Suji-50gms, semai-50gms carrot,mungdal,-matar-20gm,potato-50gms,oil-5gms</p> <p>Orange-1</p>	<p>Cooked rice/roti, dal & paneer potato curry & leafy veg fry / other veg fry</p> <p>Rice/atta-175gms,dal-40gms,paneer-50gms,potato-50gms,leafyveg/otherveg-100gms,lemon-1, oil-15gms&lemon-1</p>	<p>Cooked rice/roti, dalma ,veg fry/bharta & boiled egg</p> <p>Rice/atta-125gms,dal-40gms,potato-50gms,</p> <p>Mixed vegetable-50gms,veg/potato-50gms</p> <p>&oil-10gms&boiled egg-1</p>
Tuesday	<p>Semai khir,fruit Semai-100gms,sugar-20gms ,milk-250ml</p> <p>orange-1</p>	<p>Cooked rice/roti, dalma & egg potato curry</p> <p>Rice/atta-175gms,dal-40gms,potato-50gms,</p> <p>Mixed vegetable-50gms,egg-1,patato-50gms & oil-15gms &lemon-1</p>	<p>Cooked rice/roti, dal, vegetable curry ,veg fry/bharta & boiled egg</p> <p>Rice/atta-125gms,dal-40gms,potato-50gms,</p> <p>Mixed vegetable-50gms,veg/potato-50gms</p> <p>&oil-10gms&boiled egg-1</p>
Wednesday	<p>Chuda santula, matar curry & Fruit</p> <p>Chuda-100gms, matar-20gms,potato-50gms,oil-5gms</p> <p>orange-1</p>	<p>Cooked rice/roti, dalma & fish potato curry</p> <p>Rice/atta-175gms,dal-40gms,potato-50gms,</p> <p>mixed vegetable-50gms,fish-50gms,patato-50gms & oil-15gms&lemon-1</p>	<p>Cooked rice/roti, dal, vegetable curry ,veg fry/bharta & boiled egg</p> <p>Rice/atta-125gms,dal-40gms,potato-50gms,</p> <p>Mixed vegetable-50gms,veg/potato-50gms</p> <p>&oil-10gms&boiled egg-1</p>
Thursday	<p>Suji khir,fruit</p>	<p>Cooked rice/roti, dal & paneer potato curry & leafy veg fry / other</p>	<p>Cooked rice/roti, dalma, veg</p>

	Suji-100gms,sugar-20gms,milk-250ml orange-1	veg fry Rice/atta-175gms,dal-40gms,paneer-50gms,potato-50gms,leafyveg/otherveg-50gms,oil-15gms,&lemon-1	fry/bharta &boiled egg Rice/atta-125gms,dal-40gms,potato-50gms, Mixed vegetable-50gms,veg/potato-50gms &oil-10gms&boiled egg-1
Friday	Semai khir,fruit Semai-100gms,sugar-20gms ,milk-250ml orange-1	Cooked rice/roti, dalma & chicken potato curry Rice/atta-175gms,dal-40gms,potato-50gms, mixed vegetable-50gms,chicken-50gms,patato-50gms ,oil-15gms&lemon-1	Cooked rice/roti, dal, vegetable curry& Veg fry/bharta &boiled egg Rice/atta-125gms,dal-40gms,potato-50gms, Mixed vegetable-50gms,veg/potato-50gms &oil-10gms&boiled egg-1
Saturday	Uppma , matar curry &fruit Suji-50gms, semai-50gms carrot,mungdal,-matar-20gm,potato-50gms,oil-5gms orange-1	Cooked rice/roti, dalma & egg potato curry Rice/atta-175gms,dal-40gms,potato-50gms, mixed vegetable-50gms,egg-1,patato-50gms &oil-15gms &lemon-1	Cooked rice/roti, dal, vegetable curry ,veg fry/bharta &boiled egg Rice/atta-125gms,dal-40gms,potato-50gms, Mixed vegetable-50gms,veg/potato-50gms &oil-10gms&boiled egg-1

N.B -Rice-parboiled , Atta-whole wheat (ashirbad/rista) &Oil-mustard/refined should be used in cooking.

N.B, For vegetarian , soyabean /paneer /chole curry will be given ,instead of egg/fish/chicken curry.

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DRY DIET MENU FOR TB/CANCER/BURN PATIENT @Rs 75.00/DAY/PATIENT FOR THE YEAR 2019-20

MILK BREAD EGG DIET / MILK BREAD BISCUIT DIET

MILK BREAD EGG DIET		MILK BREAD BISCUIT DIET	
MILK(500 ml pkt)-----	ONE	MILK(500 ml pkt)-----	ONE
BREAD(200gms)-----	TWO	BREAD(200gms)-----	TWO
ORANGE (medium size)---	ONE	ORANGE(medium size)---	ONE
BOILED EGG(hen)-----	TWO	BRITANNIA THIN ARROWROOT(100gms)-----	ONE

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DRY DIET MENU FOR TB/CANCER/BURN PATIENT@Rs 75.00/DAY/PATIENT FOR THE YEAR 2019-20

MILK DIET MILK-

(500mlpkt)-----THREE

ORANGE(MEDIUM SIZE)-- ONE

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